

## Greens to Grow 2017 Spring

Common Name	Type	Variety	Botanical Name	Days	Comments
Spinach	semi-smooth leaf	Baby's Leaf Hybrid	Spinacia oleracea	30/40	Flat, semi-smooth leaves (easy to clean.) Medium green, slightly tangy (when raw), and very short stems.
Spinach	Smooth-Leaf	Dash	Spinacia oleracea	39	Early type with smooth, spade-shaped, dark green leaves. Delicious flavor. Thrives in cool weather.
Spinach	semi-savoyed	Regiment	Spinacia oleracea	37	Vigorous, long-lasting, fast growing, bolt resistant and disease resistant. Thick, dark green leaves are semi-savoyed, so they have some texture. The crisp leaves have a delicate flavor and are tasty both raw or cooked.
Spinach	Smooth-Leaf	Space	Spinacia oleracea	39	Medium green leaves are slightly savoyed. Slow to bolt, and mildew resistant. A garden standout.
Kale	curly	Dwarf Blue Curled	Brassica	56	Compact plants with tender, blue-green, crinkled leaves. Good cooked or fresh. For best storage, dunk leaves in cold water before refrigeration. Cold hardy.
Kale	frilly	Red Russian	B. napus pabularia	25/60	The dark green leaves are flat, toothed, and have purple veins and stems.
Kale	frilly	Red Ursa	Brassica	55-65	Frilly leaves with magenta veins. Leaf shape is variable from lobed to extremely frilled. Tender texture when young. When mature, cooked is best. Frost hardy.
Lettuce	Romaine-Red	Annapolis	Lactuca sativa	70	Deep, red-black color. Highly nutritious, lots of antioxidants. Sweet, mild flavor with no bitterness. Loose, upright heads. Mildew resistant.
Lettuce	Romaine-Red	Rouge d'Hiver	Lactuca sativa	28	Old French variety sets the standard for red romaine baby leaf lettuce
Lettuce	Romaine-Red	De Morges Braun	Lactuca sativa	65	A rare romaine type with upright, rounded leaves. Apple green in center and pink-to bronze outside. Tender and sweet, one of the last varieties to become bitter. Very cold tolerant.
Lettuce	Romaine-Red	Marshall	Lactuca sativa	65	Deepest red leaves with contrasting pink veins. No bitterness. Tall, 8" heads.
Lettuce	Romaine-Green	Braveheart	Lactuca sativa	70	Extra large heads are bright green throughout. Every leaf is mild and tasty. Disease resistant.
Lettuce	Romaine-Green	Jericho	Lactuca sativa	29/57	Sweet crisp flavor, rated by some as the most flavorful romaine. Can be harvested as a baby green, or let it reach its full height of 14-16", sometimes weighing over 2 lbs. Fairly heat tolerant.
Lettuce	Romaine-Mini Head	Dragoon	Lactuca sativa	43	A compact grower, with dense heads of thick, crisp leaves. Medium green.
Lettuce	Romaine-Mini Head	Tintin Baby	Lactuca sativa	55	Bright lime green leaves. Sweet crunchy flavor. Aphid and mildew resistant. Slow to bolt.
Lettuce	Romaine-Mini Head	Truchas	Lactuca sativa	47	A dark red Romaine with a compact habit, usually grows 6-8" tall. Mildew resistant.
Lettuce	Green Bibb-Mini Head	Winter Density	Lactuca sativa	54	Compact, dark green, tightly folded heads. 8" tall, resembling a buttercrunch.

Lettuce	Butterhead-Green	Nancy	Lactuca sativa	52	Full sized, Boston-type head of thick, crisp lettuce.
Lettuce	Butterhead-Red	Really Red Deer Tongue	Lactuca sativa	55-60	Long, arrow shaped leaves colored dark wine red, with white midribs. Tender, fleshy leaves with good flavor and texture.
Lettuce	Oakleaf-Red	Navara Red	Lactuca sativa	55	Glossy, ruffled, heart-shaped, bicolor leaves. Sweet and crunchy. Dark, rich burgundy with a green base.
Lettuce	Leaf	Bronze Beauty	Lactuca sativa	40-50	Colorful leaf lettuce that is heat tolerant and bolt resistant. Arrow-shaped leaves are green, with bronze tips. Sweet, crisp flavor.
Lettuce	Leaf	Merlot	Lactuca sativa	55	Darkest red, frilly, yet crisp. Bolt resistant. Cut and come again
Lettuce	Leaf	Midnight Ruffles	Lactuca sativa	45	Dark burgundy, crinkly leaves with a crisp texture. Sweet and flavorful, even in warmer weather.
Lettuce	Leaf	Multy Mix	Lactuca sativa	50	Identically formed, serrated, frilly leaves with crisp texture, yet not too stiff. Dark green, burgundy, and yellow-green types in this mix. Heat tolerant. Resistant to downy mildew.
Lettuce	Leaf	New Red Fire	Lactuca sativa	29	Superb red color, and sweet gourmet quality flavor. Bolt resistant. Loose heads of crisp leaves.
Chard	Swiss	Bright Lights	Beta vulgaris	28/55	Closely related to beets; the greens are very tasty, sweet and succulent. The multicolored stems are also flavorful. Stem colors include yellow, orange, pink, crimson, purple, white, and green. When cooking, the color holds better when steamed, rather than boiled. High in vitamins and heat tolerant. Grows to 20" tall. When cutting, leave 2" of stem, and it will regrow.
Asian Green		Vitamin Green	Brassica rapa	21/45	Similar to Pac Choi. Packed with vitamin A
Mizuna	"Mustard"	Kyoto	Brassica	35-45	Bright green mizuna with finely cut leaves. Sweet, yet tangy flavor. One seed company claims it is the best variety of mizuna. Cut and come again.
Mizuna	"Mustard"	Red Streaks	Brassica	25/45	Purple red, lacy leaves have a peppery flavor. Popular in Japan and other Asian countries. Can be harvested as a microgreen in 25 days. Cut and come again.
Green	Mustard	Green Wave	Brassica juncea	50	Award winning mustard with sharp, spicy flavor. Curly green leaves. Heat tolerant; slow to bolt.
Green	Mustard	Scarlet Frills	Brassica juncea	21/37	Spicy, dark red, ruffled leaves. Attractive and tasty.
Green	Mustard	Red Giant	Brassica juncea	21/40	Beautiful reddish leaves have a piquant flavor, at their peak when the leaves are about 3" long.
Arugula	Wild	Surrey	Eruca sativa	21/40	Similar in appearance to wild arugula, but milder flavor. Faster and easier to grow, too.
Arugula	Tangy	Wildfire	Eruca sp.	21/40	Our hottest variety. The serrated leaves are broader than traditional rocket. Adds a tangy, peppery flavor to salads, pasta dishes, or pizza topping.